

## Race Details

Event`	Race Description	Time	Course (see map)	Distance
1	Under 11 Girls	1200	1 Short Lap : A-B-D-F-Finish	1360m
2	Under 11 Boys	1210	1 Short Lap : A-B-D-F-Finish	1360m
3	Under 13 Girls	1220	1 Big Lap : A-B-C-D-E-F-G-Finish	2880m
4	Under 13 Boys	1240	1 Big Lap : A-B-C-D-E-F-G-Finish	2880m
5	Under 15 Girls / Boys	1300	1 Big Lap : A-B-C-D-E-F-G 1 Medium Lap : A-B-D-E-F-Finish	4500m
6	Under 17 Women Sen/Vet/U20 Women	1330	2 Big Laps : A-B-C-D-E-F-G 3 Big Laps : A-B-C-D-E-F-G	5690m 8500m
7	Under 17 Men Sen/Vet/U20 Men	1400	2 Big Laps : A-B-C-D-E-F-G 3 Big Laps : A-B-C-D-E-F-G	5690m 8500m

## Course Map



NB: Course could be subject to change to reflect local conditions