

Name	Tom Scott 10 Miles (L) 31/03/19 (West)	Ron's Runners 5k (S) 24/04/19 (Ayrshire)	Babcock Dumbarton 10k (M) 16/05/19 (West)	Land O' Burns 10k (M) 22/05/19	Kirkmichael 10k (M) 25/05/19	Brian Goodwin 10k (M) 21/06/19	Garscube 5 Miles (S) 04/07/19	Girvan AAC Half Marathon (L) 14/07/19 (Ayrshire)	Kilmaurs 5k (S) 2/8/19	Dundonald 10k (M) 14/08/19	Jim Young Marymass 10k (M) 21/08/19	North Ayrshire 10k (M) 25/08/19 (Ayrshire)	Round Cumbrae 10 miles (L) 08/09/19 (Ayrshire)	Dumfries Half Marathon (L) 22/09/19 (West)	Marathon Time (April to end Oct)	Total
Stewart McAllister					14											14
Jim Connelly				13												13
Russell Duncan							13									13
Scott Martin								12								12
Gordon Sandler						12										12
Kevin Beck							12									12
Alasdair Murray		10														10
Ken Monaghan									10							10
Murray McDonald									9							9
Richard Beattie				6												6
Matthew Ferguson		4														4
Ken Wales									4							4
Geoff Robertson		3														3
Andrew Lambert									3							3
Brian Keachie									1							1
Alan Anderson									1							1