



| Name            | Tom Scott 10 Miles (L)<br>1/4/18 (West) | Ron's Runners 5km (S)<br>25/4/18 | Land O' Burns 10km (M) 23/5/18<br>(Ayrshire) | Kirkmichael 10km (M) 26/5/18 | Babcock Shettleston 10km (M)<br>27/5/18 (West) | Brian Goodwin 10km (M)<br>15/6/18 | Isle of Arran Half Marathon (L)<br>1/7/18 (Ayrshire) | Garscube 5 Miles (S) 12/7/18 | Kilmaurs 5km (S) 25/7/18 | Dundonald 10km (M) 8/8/18 | Jim Young Marymass 10km (M)<br>22/8/18 | North Ayrshire 10km (M) 2/9/18 | Round Cumbrae 10 miles (L)<br>16/9/18 (Ayrshire) | Dumfries Half Marathon (L)<br>23/9/18 (West) | Marathon Time<br>(April to end Oct) | Total |
|-----------------|---|----------------------------------|--|------------------------------|--|-----------------------------------|--|------------------------------|--------------------------|---------------------------|--|--------------------------------|--|--|-------------------------------------|-------|
| Doreen Wales    |   |                                  | 10   |                              |  |                                   |  |                              |                          |                           |  |                                |  |  |                                     | 10    |
| Kate Todd       |   |                                  |  |                              |  |                                   |  |                              | 10                       |                           |  |                                |  |  |                                     | 10    |
| Stephanie Dale  |   | 10                               |  |                              |  |                                   |  |                              |                          |                           |  |                                |  |  |                                     | 10    |
| Hannah O'Shea   |   |                                  |  |                              |  |                                   |  |                              | 9                        |                           |  |                                |  |  |                                     | 9     |
| Karen Robertson |   |                                  | 9  |                              |  |                                   |  |                              |                          |                           |  |                                |  |  |                                     | 9     |
| Ann Graham      |   |                                  |  |                              |  |                                   |  |                              | 8                        |                           |  |                                |  |  |                                     | 8     |