KILMARNOCK HARRIERS CLUB CHAMPIONSHIPS SUNDAY 3rd SEPTEMBER

TIMETABLE

TIME AGE GROUP EVENT

11am Seniors 3000mtrs

11 am Under 11 Girls and Boys Shot Putt 2 circles

11am Under 13 Girls High Jump

11 20 Under 13 Boys 100mtrs

11 30 Under 15 Girls 100mtrs

11 40 Under 15 Boys 100mtrs

11 50 Under 17 and Seniors 100mtrs

11 55 Under 11 Girls 100mtrs

12 05 Under 11 Boys 100mtrs

12 15 Under13 Girls 100mtrs

12 20 Under 15 Girls and Boys Shot Putt 2 circles

12 30 Under 17 and Seniors High Jump

12 30 till 1 15 LD and RR events 100mtrs 400mtrs and possible Throwing Event

1pm Under 13 Boys High Jump

1pm Under 11 Girls High Jump Indoors

1 15 Under 13 Girls 1500mtrs

1 30 Under 11 Boys 1200mtrs

1 45 Under 15 Boys High Jump

1 45 Under 17 and Seniors 1500mtrs

2 15 Under 13 Boys 1500mtrs

2 30 Under 15 Girls High Jump

2 30 Under 17 and Seniors Shot Putt

2 45 Under 11 Boys High Jump Indoors

3pm Under 11 Girls 1200mtrs

3 pm Under 13 Girls and Boys Shot Putt

3 15 Under 15 Boys 1500mtrs

3 30 Under 15 Girls 1500mtrs

ALL TIMINGS ARE APPROXIMATE

THE EVENTS WILL BE TIMED FINALS