



AYR SEAFORTH A.C in PARTNERSHIP WITH THE AYRSHIRE
HARRIERS



OPEN TRACK & FIELD MEETING
Dam Park Stadium, Ayr
Wednesday 23rd August 2017 at 6.45p.m.

Medals will be awarded to the first 3 in every event up to and including u15

Online entries only from Wednesday 3 August 2017 Enter at www.online-entries.co.uk
Entries will close at 12 noon on Monday 21st August - No entries will be accepted on day of competition

Timetable : All times are approximate and subject to change to accommodate athlete availability.

TRACK	Event	U11 B	U11 G	U13 B	U13 G	U15 B	U15 G	U17 M	U17 W	SM All	SW All
18.45	600m	Y	Y								
19.00	**100/80m	80	80	Y	Y	Y	Y	Y	Y	Y	Y
20.00	800m			Y	Y	Y	Y	Y	Y	Y	Y
FIELD	Event										
19.00	Shot	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
19.00	Long Jump	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
19.00	Javelin			Y	Y	Y	Y	Y	Y	Y	Y

Events may be subject to cancellation if sufficient helpers/officials are not available to officiate/help
Officials/helpers should sign in at registration from 6.00 p.m.

** 100m/80m WILL BE IN REVERSE ORDER FROM SENIOR AGE GROUP TO U11

Notes

1. Competition is for male and female athletes from Under 11 to Veterans and age groups are those in which athletes compete during Season 2017. Competitors must be at least 9 years old on the day of the meeting.
2. Start times for all events are conditional on the level of entries received but will follow the programme order. The promoters reserve the right to change the start times to either an earlier or a later start time with all changes being announced on the day of the event.
3. U11, U13 and U15 athletes may not compete in more than one race of 600M or over on the same day
4. U11, U13, U15 & U17 athletes may not compete in more than **3 events** on the same day
5. All competitors will receive 3 attempts at horizontal jumps & throwing events. Further attempts are at the Field Referee's discretion.
6. **Entry Fee is £6 per competitor regardless of number of events entered.**