U12 INDOOR SUPERteams

Date: Sunday, February 7 2016

Venue: Emirates Area, **Type:** Track and Field

Age Groups/Qualification

SUPERteams are for athletes Under 12. Therefore, to be eligible for SUPERteams athletes must be **born between 1st Sept 2004 & 31st Aug 2006.** Athletes must also be members of **scottish**athletics and therefore be aged 9 or over. Note: this does overlap with U13's.

The INDOOR SUPRteams has been a great success the past couple of years due to the help of parents and a most enjoyable day out.

The day will work with athletes competing in teams of four, a male or female team, each team will compete in 4 events normally 60m/4 x 4 200m relay/ shott put/ long jump.

We also rely on the help of parents to oversee the teams on the day nothing too complicated; this involves ensuring that their team of four is in the correct competing destination at the correct time. All parents who have volunteered for this role in the past have really enjoyed their as it gets them involved in the fun.

I will be putting teams together in the next week or so. So those interested or any questions please contact myself Margaret Chalmers on.

Email <u>mcocallis@yahoo.co.uk</u> or text 07725691404 or at the club Tuesday or Thursday I will be at the club for a short time tomorrow evening.

A bus will be organised and previously costs £5 per child. Cost will be confirmed during the week.

We suggest the young athletes take a packed lunch as food can be costly.

If your child would like to take part please contact myself on the above details or fill in the attached form ASAP and hand back to myself or registration desk. Thank you.