

AYRSHIRE HARRIER CLUBS ASSOCIATION
Ayrshire Championships – Sunday 10 May 2015 at the Ayrshire Athletics Arena

Field Events

Event Number	Event	U11 B	U13 B	U15 B	U17 M	U11 G	U13 G	U15 G	U17 W	**U20/Sen /Vet M&W SW
1 - 9	*Long Jump	* Y	Y	Y	Y	* Y	Y	Y	Y	Y
10- 16	*Javelin		Y	Y	Y		Y	Y	Y	Y
17 - 23	High Jump		Y	Y	Y		Y	Y	Y	Y
24 - 32	*Shot	Y	Y	Y	Y	Y	Y	Y	Y	Y
33 – 39	Discus		Y*	Y	Y		Y	Y	Y	Y
40	Triple Jump			Y	Y			Y	Y	Y
41	Hammer			Y	Y			Y	Y	Y
42	Pole Vault			Y	Y			Y	Y	Y

* U11 Boys and Girls Long Jumps will start at 11.30am. Followed by U11 Shot Put **** 6 competitions running at once**

* U13 Boys Discus will start at 11.30am followed by Javelin

* High Jump will be a rising bar and start after discus and javelin

Track Events

Event Number	Event	U11G	U11B	U13G	U13B	U15G	U15B	U17W	U17M	***U20 /Sen Vet W	***U20/Sen Vet M
1	5000m 11.30am							Y**	Y**	Y**	Y**
2-9 *	Hurdles 12pm			70m 2*	75m 3*	75m 4*	80m 5*	80m 6*	100m 7*	100m 8*	110m 9*
10 – 19	Sprints Approx 1pm	80m	80m	100m	100m	100m	100m	100m	100m	100m **18	100m **19
20 – 26	1500m Approx 2pm			Y	Y	Y	Y	Y	Y	Y **26	Y **26
27 – 32	300-400m Approx 2.45pm					300m	400m	300m	400m	400m **31	400m **32
33 – 42	150m-200m Approx 3.30pm	150m	150m	200m	200m	200m	200m	200m	200m	200m **41	200m **42
43 -52	600-800m Approx 4.15pm	600m	600m	800m	800m	800m	800m	800m	800m	800m **51	800m **52
53	final										

Event No. 53 200m finals if necessary

* Hurdles event number **combined events

***** 3 competitions running at once**

Some middle distance events may be combined depending on number of age group entries.

Seniors & U20: £3 per event Young athletes, U11 – U17, £3 for 1 event, £5 for 2 or 3
Young athletes limited to 3 events

Entries from 10.30 am. Entries close **30 mins** before event. **All entries will close at 1pm.**

Pre-Notification required for Hurdles

Names & age group to :- billsimpson91.bs@gmail.com

Officials/ helpers should sign in at registration prior to 11:00am for Field events and 11.30 am for Track Events.