

AYRSHIRE HARRIER CLUBS ASSOCIATION

OPEN TRACK & FIELD MEETING

Ayrshire Athletics Arena

Kilmarnock

Wednesday 27th August 2014 6:30 pm Start

Officials/ helpers should sign in at registration from 5:30pm

Timetable : All times are approximate and subject to change. (graded track ----->)

Time	Track Event	U11 B	U11 G	U13 B	U13 G	U15B	U15G	U17 M	U17 W	SM All	SW All
18.45	600m	Y	Y								
19.00	*** 100/80m	80m	80m	100	100	100	100	100	100	100	100
20.00	1500			1500	1500	1500	1500	1500	1500	1500	1500
20.30	3k							Y	Y	Y	Y
Time	Field Events	U11 B	U11 G	U13 B	U13 G	U15B	U15G	U17 M	U17 W	SM All	SW All
18.30	Pole Vault					Y	Y	Y	Y	Y	Y
19.00	Long Jump			Y	Y	Y	Y	Y	Y	Y	Y
19.00	Shot	Y	Y			Y	Y	Y	Y	Y	Y
19.30	High Jump			Y	Y	Y	Y	Y	Y	Y	Y
20.15	Discus			Y	Y	Y	Y	Y	Y	Y	Y

Events may be subject to cancellation if sufficient helpers/officials are not available to officiate/help

*** 100/80m will start with Seniors in descending age order finishing with u/11's 80m

Notes

1. Competition is for male and female athletes from Under 11 to Veterans and age groups are those in which athletes compete during Season 2014. Competitors must be at least 9 years old on the day of the meeting.
2. Start times for all events are conditional on the level of entries received but will follow the programme order. The promoters reserve the right to make changes to events and start times due weather or safety concerns. Changes announced at the event. .
3. U11, U13, and U15 athletes may not compete in any event exceeding 1500M
4. U11, U13 and U15 athletes may not compete in more than one race of 600M or over on the same day
5. Registration will open at 5.45pm. Entries will close 30 minutes before each event up to 7.30pm when all close.
6. U13 and below will be awarded medals for place finishing track only, U17 and below field only
7. U15 to Senior track will be graded races
8. All competitors will receive 3 attempts at horizontal jumps & throwing events. Further attempts are at the Field Referee's discretion.
9. Senior, U20's, Vets, U17, U15 track only will be Graded and no medals are awarded
10. Entry Fee is £3 for one event £5 for 2 or more events for U17 and below (maximum 3).

Seniors/vets/U20's £3 per event